

Chiropractic Wellness Class Quiz

1. What controls and coordinates all the functions in your body?

The _____ system

2. What is it called when the spine is misaligned? Vertebral S_____

3. What is the purpose of an adjustment? To make the body...

Heal better Feel better

4. What is a Chiropractor's job?

Adjust subluxations Treat pain

5. What are 3 ways a Chiropractor can find a Subluxation?

6. What causes a Subluxation?

7. At minimum, how often does the research show we should be checked for subluxations?

Weekly Monthly When painful

8. Name 4 things you can do to keep you and your family healthy:

_____ well,

_____ well,

_____ well,

Stay Well _____!

9. What are the 2 ingredients needed to make a subluxation?

10. What happens if you miss a weekly spinal check w/out a call/message?

11. What's our fee if you miss your weekly check w/out a call/message?

I _____ hereby testify that I have watched the online orientation and understand the purpose of chiropractic, how often to be checked for vertebral subluxations in the office, where to go when I have a medical symptom, and the rules for the "Honor Box" or Membership if I decide to use either.

Signed _____

Date _____

Questions or comments:

