

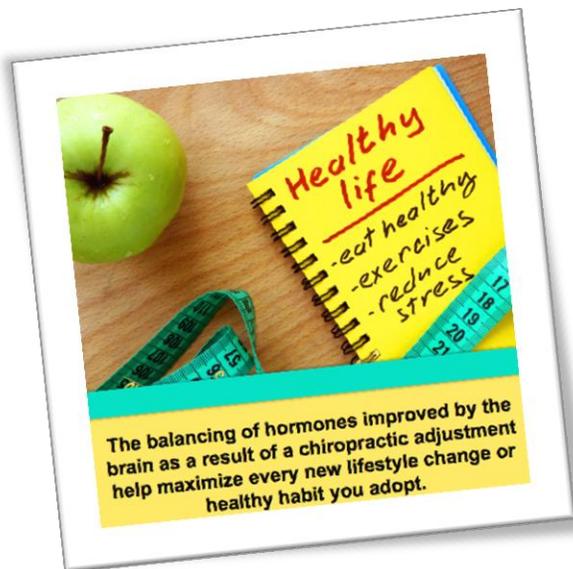
# Chiropractic Delivers!

**Myth:** Chiropractic adjustments only help musculoskeletal pain or injuries.

**Truth:** Chiropractic is proven to help musculoskeletal and organ health while also positively influencing every aspect of human performance.

**The benefits of Chiropractic go far beyond simply alleviating back and neck pain.** Research, medical science, and 120 years of Chiropractic foundation have resulted in millions of elated patients across the globe every single day. While Chiropractic continues to develop as the second largest health care provider in the world, many medical doctors and mainstream medical instruction remain unaware of the research and science behind the short and long term benefits that Chiropractic adjustments provide for people of all ages.

Important nutrients delivered to the brain through proper alignment and movement of the spine account for why Chiropractic spinal care is so important. **A study published in 2011 explained that a specialized group of hormones play a significant role in why Chiropractic adjustments achieve such significant health results.** Hormones serve as chemical messengers that secrete directly into the blood and before being carried to organs and tissues to help direct function. Any procedure that influences hormones will powerfully and directly influence all bodily functions. Optimal health and performance only occurs when hormones are balanced and coordinated.



**Research published in 2009** from Johns Hopkins University listed a group of symptoms or conditions linked directly to the increase of a specific hormone called noradrenaline. **The list includes: cancer, bipolar disorder, excessive body weight, hypertension, type 1 autoimmune diabetes, type 2 diabetes, glaucoma, osteoarthritis, rheumatoid arthritis, asthma, and immune system function.** One of the more notable symptoms linked to increased noradrenaline levels is excessive weight gain. Many patients of either gender have experienced some form of weight loss after starting Chiropractic care. Adjustments help restore hormonal balance and produce favorable health changes ranging from weight loss to improved overall function in the body. Chiropractic delivers much more than relief from back or neck pain. Balanced hormones through the power of an adjustment helps maximize every lifestyle and health change adopted by a patient.

**Chiropractic helps balance hormones by reducing central nervous system dysfunction that exists due to vertebral subluxation.** Science proves that chiropractic adjustments lower stress hormones while helping coordinate and balance other chemical messengers through improved brain and organ function. Chiropractors remain intent on educating the world about the dangerous health conditions that begin forming when influenced by improper spinal mechanics and bad posture. **Adjustments help maximize body function and should be utilized to improve health and performance for family members of all ages.**

CHIROPRACTIC DELIVERS

